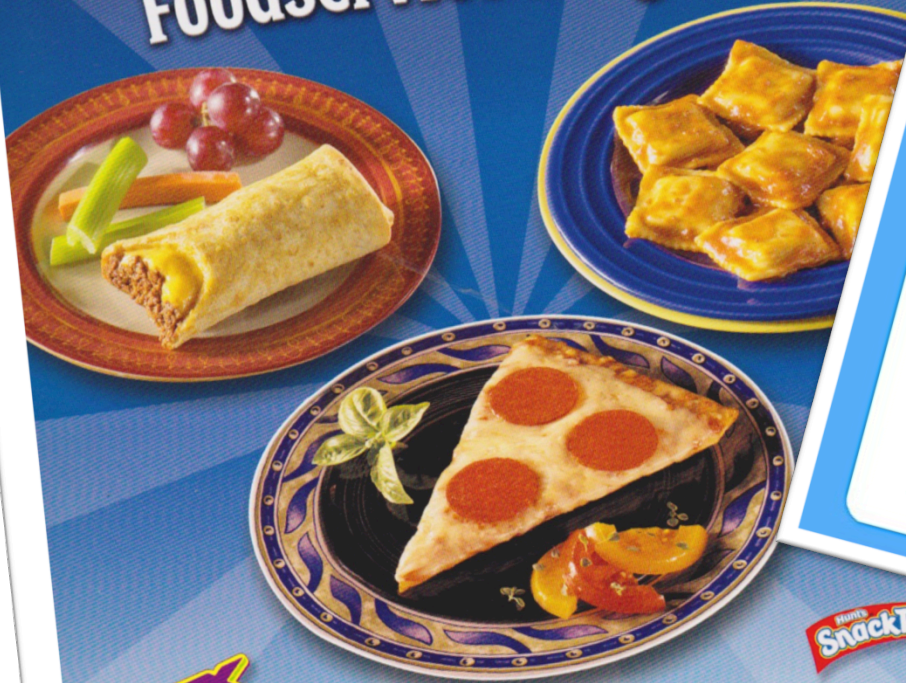


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Welcome!

Step Up To The Plate™ is about YOU—the school foodservice professional.

It's a balanced program enhancing your performance as well as making everyday responsibilities easier, fun and more exciting.

This innovative approach to school foodservice programming focuses on the balance between nutrition and physical activities, it balances your professional development with everyday duties and it provides tips and suggestions for keeping your department in a comfortable state of balance.

Check out the [Quick Guide](#) for tips on getting the most out of Step Up To The Plate™ and see how you can earn free trips to industry conventions and many other professional development rewards at [Points & Awards](#).

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